



# LIVING WELL

## CLERGY CARE RETREATS

*Heart, Soul, Strength, Mind*

**Living Well** is a program created *by clergy for clergy* to help reflect on life and ministry through the lens of health and wellness. It's a journey of self-reflection and collaboration, exploring what it means to love God with all your heart, mind, strength, and soul.

Join a seven-month journey of reflection and renewal with monthly cohort gatherings and two retreats. Open to all pastors—licensed, commissioned, or ordained—you can earn 3.3 CEUs by completing the program. Cost is \$350–\$489 per retreat (based on location), with scholarships available.

Choose one of the three retreat cycles below:

1

### Manidokan Retreat Center (Knoxville, MD)

- Alpha Retreat from September 30–October 2, 2025
- Omega Retreat from March 10–12, 2026
- Monthly cohort meetings in between retreats

2

### Ocean City Courtyard Hotel (Ocean City, MD)

- Alpha Retreat from October 28–30, 2025
- Omega Retreat from April 28–30, 2026
- Monthly cohort meetings in between retreats

3

### Pecometh Riverview Retreat (Centreville, MD)

- Alpha Retreat from November 18–20, 2025
- Omega Retreat from April 28–30, 2026
- Monthly cohort meetings in between retreats



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