

LIVING WELL CLERGY CARE RETREATS

Heart, Soul, Strength, Mind

*"This saved my ministry."
-Program Participant*

OVERVIEW

Living Well is a program designed for clergy by their clergy siblings to empower them to reflect on and assess their life and ministry through the lens of health and wellness. The program intends to guide clergy on a journey of self-reflection and exploration, individually and with colleagues, as they consider what it means in their life and ministry **to love God with all their heart, all their mind, all their strength, and all their soul.**

Engage in a seven-month process of in-depth REVIEW and spiritual RENEWAL through weekly journal reflections, monthly group gatherings, and two retreats.

- The Living Well Program is open to all clergy—licensed, commissioned, or ordained.
- Participants may earn 3.3 CEUs for completing the entire program.
- Participant cost is \$350-489 per retreat (depending on location)
- Scholarships are available.

PROGRAM CYCLES

Choose one of the following Living Well Cycles:

Manidokan Camp & Retreat Center Cycle (Knoxville, MD)

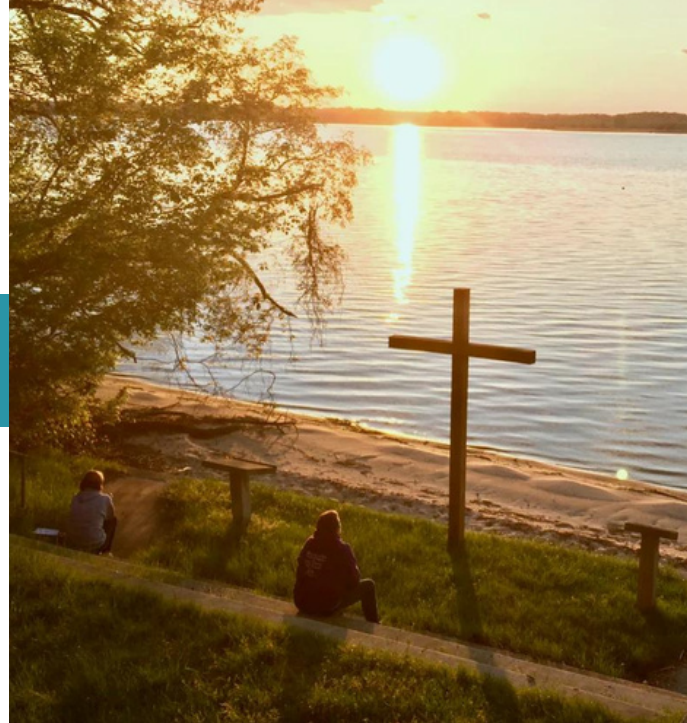
- Alpha Retreat from September 24-26, 2024
- Omega Retreat from March 25-27, 2025
- Monthly cohort meetings in between retreats

Ocean City Hotel Cycle (Ocean City, MD)

- Alpha Retreat from October 22-24, 2024
- Omega Retreat from April 29-May 1, 2025
- Monthly cohort meetings in between retreats

Pecometh Riverview Retreat Center Cycle (Centreville, MD)

- Alpha Retreat from November 19-21, 2024
- Omega Retreat from May 13-15, 2025
- Monthly cohort meetings in between retreats



GOALS OF LIVING WELL

- Growing in love for God with all your heart, mind, strength and soul.
- Celebrating Service
- Clarifying Call
- Cultivating Growth



REGISTRATION

The deadline to register is August 31, 2024. Register online at pdcbwc.org/living-well or scan the QR code below.

